

# FIRST SUNDAY OF LENT

On this Sunday is celebrated the rite of “election” or “enrollment of names” for the catechumens who are to be admitted to the Sacraments of Christian Initiation at the Easter Vigil, using the proper prayers and intercessions as given below, pp. 1119-1120.

## Entrance Antiphon

Cf. Ps 91 (90): 15-16

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

The Gloria in excelsis (Glory to God in the highest) is not said.

## Collect

Grant, almighty God,  
through the yearly observances of holy Lent,  
that we may grow in understanding  
of the riches hidden in Christ  
and by worthy conduct pursue their effects.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

The Creed is said.

## Prayer over the Offerings

Give us the right dispositions, O Lord, we pray,  
to make these offerings,  
for with them we celebrate the beginning  
of this venerable and sacred time.  
Through Christ our Lord.

## Preface: The Temptation of the Lord.



Text without music:

**V. The Lord be with you.**

**R. And with your spirit.**

**V. Lift up your hearts.**

**R. We lift them up to the Lord.**

**V. Let us give thanks to the Lord our God.**

**R. It is right and just.**

**I**t is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

By abstaining forty long days from earthly food,  
he consecrated through his fast  
the pattern of our Lenten observance  
and, by overturning all the snares of the ancient serpent,  
taught us to cast out the leaven of malice,  
so that, celebrating worthily the Paschal Mystery,  
we might pass over at last to the eternal paschal feast.

And so, with the company of Angels and Saints,  
we sing the hymn of your praise,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts . . .**

**Communion Antiphon**

Mt 4: 4

One does not live by bread alone,  
but by every word that comes forth from the mouth of God.

Or:

Cf. Ps 91 (90): 4

The Lord will conceal you with his pinions,  
and under his wings you will trust.

**Prayer after Communion**

**Renewed now with heavenly bread,  
by which faith is nourished, hope increased,  
and charity strengthened,  
we pray, O Lord,  
that we may learn to hunger for Christ,  
the true and living Bread,  
and strive to live by every word  
which proceeds from your mouth.  
Through Christ our Lord.**

**Prayer over the People**

**May bountiful blessing, O Lord, we pray,  
come down upon your people,  
that hope may grow in tribulation,  
virtue be strengthened in temptation,  
and eternal redemption be assured.  
Through Christ our Lord.**