

Session 6: LET YOUR LIGHT SHINE

Chapter 31 - A weekend away

1. In which ways, do you/your family/your friends have a great need to belong, to be loved and accepted?
2. Who would you trust to give you honest feedback and guidance?
3. Reflect on the Action Step [Who in your circle is God calling you to encourage or challenge to become a better version of themselves?]
4. Has a friend ever encouraged you to be a-better-version-of-yourself?

Chapter 32 - Let your light shine

"Let your light shine before men, that they may see your good works and give glory to your Father in heaven" (Matthew 5:16).

1. Reflect upon the Key Point: [You have the perfect personality and talents to fulfill the mission God is entrusting to you].
2. Focus on the Action Step. [Which of the traits listed on page 165 most prevents you from letting your light shine?]
3. How do you let your light shine?

Chapter 33 - Made for Mission

1. What are your talents? What are you really good at?
2. What mission do you think God is calling you to right now?
3. Would you be interested in attending a Called and Gifted Workshop if it were to be offered here at St. Patrick?

Chapter 34 - When God looks at a resume

1. How available are you to God at this time in your life?
2. Pope Benedict XVI said "the human being does not trust God." Do you feel like you trust Him?
3. What keeps you from surrendering 100% of yourself to God?
4. Do the Action Step by praying the Transformation Prayer every day for nine days? What were the results?

Chapter 35 - Don't let the critics win

"There Will Always Be Critics, But We Need To Be Careful Not To Allow Their Voices Too Much Space In Our Hearts And Minds."

1. How has criticism impacted your life?
2. Now, consider the opposite - are you a critic for others? How can we lift up one another rather than push each other down?
3. How are critics distracting you from what God is calling you to do in the present moment?

Chapter 36 - Blessed and Grateful

"Anyone who has been given much, much will be expected of him." (Luke 12:48)

1. What are your blessings today? What are you grateful for today?
2. How can you nurture gratitude in your life?
3. How can a habit of gratitude transform your daily life?

Chapter 37 - Never get discouraged

"Every moment is a chance to start anew, a chance to turn around."

1. Have you already started recognizing the villain in your life?
2. Happiness is a choice, and resistance almost always stands between you and happiness. Are you going to choose happiness?

Final Reflection Questions:

1. What have you learned from this book?
2. What if anything are you doing or going to do differently?
3. How has this book helped guide you to be a-better-version-of-yourself?